

University of the Southern Caribbean
Department of Family and Consumer Sciences

Suggested Schedule for
 B.S Nutrition & Dietetics Programme [*Face-to-Face/In-Person*]
Sequence Sheet USC Bulletin 2025 - 2027

First Year					
Semester 1			Semester 2		
CODE	COURSE	CREDITS	CODE	COURSE	CREDITS
BIOL111	Anatomy and Physiology 1 & Lab	4	BIOL112	Anatomy and Physiology 2 & Lab	3
FDNT114	Fundamentals of Food Production & Lab	4	FDNT230	Nutrition & Lab	4
FDNT118	The Profession of Dietetics	1	ENGL225	Academic Writing 2	3
ENGL125	Academic Writing 1	3	COMM104	Communication Skills	3
RELT100	God and Human Life	3	PSYC101	Introduction to Psychology	3
IDSC110	College Success and Career Planning	1			
	Total	16		Total	16
Semester 3					
CODE	COURSE	CREDITS			
HIST147	West Indian History	3			
IDSC205	Introduction to Fine Arts	2			
PEAC130	Special Activities	1			
	Total	6			

Note: The Sequence Sheet of 2025 – 2029 is for students enrolled at the USC, Dept. of Family & Consumer Sciences under the USC Bulletin 2025 – 2027.

Second Year					
Semester 1			Semester 2		
CODE	COURSE	CREDITS	CODE	COURSE	CREDITS
CHEM110	Introduction to Inorganic and Organic Chemistry & Lab	4	BCHM120	Introduction to Biochemistry & Lab	4
FDNT226	Meal Management and Catering & Lab	3	FDNT124	Food Science	3
MGMT255	Principles of Management	3	ACCT125	Introduction to Financial Accounting	3
MATH165	College Algebra	3	RELT210	Jesus in His Time and Ours	3
CPTR100	Introductory Computer Tools	3	FDNT310	Nutrition in the Life Cycle	3
	Total	16		Total	16
Semester 3					
CODE	COURSE	CREDITS			

Third Year					
Semester 1			Semester 2		
CODE	COURSE	CREDITS	CODE	COURSE	CREDITS
FDNT342	Medical Nutrition Therapy 1	3	FDNT343	Medical Nutrition Therapy 2 & Clinical Lab	4
FDNT351	Foodservice Management 1 & Lab	4	FDNT352	Foodservice Management 2	3
FDNT321	Introduction to Clinical Nutrition	3	BIOL260	General Microbiology & Lab	4
FDNT442	Nutrition Assessment & Counselling	3	SPAN101	Conversational Spanish	3
EDTE354	Philosophy of Education	2			
	Total	15		Total	14
Semester 3					
CODE	COURSE	CREDITS			
FDNT395	Foodservice Systems Management Affiliation [Practicum]	4			
RELT250	Personal Spirituality & Faith	3			
	Total	7			

Fourth Year					
Semester 1			Semester 2		
CODE	COURSE	CREDITS	CODE	COURSE	CREDITS
FDNT487	Advanced Medical Nutrition Therapy & Lab	4	FDNT421	Community Nutrition 1	2
FDNT405	Senior Seminar	1	FDNT422	Community Nutrition 2	2
RELT340	Religion and Ethics in Modern Society	3	FDNT445	Nutrition Care Management	3
			FDNT491	Research Methods	3
			FDNT340	Topics In Nutrition Research	1
STAT120	Introduction to Statistics for Social Sciences	3	FDNT322	Nutrition and Human Metabolism	3
	Total	11		Total	14
Semester 3					
CODE	COURSE	CREDITS			
FDNT396	Community Nutrition Affiliation [Practicum]	4			
FDNT473	Medical Nutrition Therapy Affiliation [Practicum]	4			
	Total	8			