



UNIVERSITY of the
SOUTHERN CARIBBEAN

MARCH
26-27, 2025



**VIRTUAL
CONFERENCE**

USC RESEARCH CONFERENCE 2025

**Lifestyle, Non-communicable Diseases (NCDs),
and Innovative Research Methodologies in Health
and Well-being**

Keynote Presenters



**Dr. David
R. Williams**

Chair, Department of Social &
Behavioural Sciences, Harvard T.H.
Chan School of Public Health



**Dr. Loren
L. Toussaint**

Professor, Luther College



**Dr. Samuel
E. Dey**

Founder and Medical Director
Dogon Behavioral Medical Group



**Dr. Samuel
G. Hansdak**

Professor, & Head, Department of
Medicine

Conference Schedule

Learn more at usc.edu.tt/rc25 or usrcrc@usc.edu.tt

	USC Research Conference 2025	Day 1 - Wednesday, March 26, 2025
	Opening Ceremony	Chair: Dr. Lydia Campbell-George, Assistant Professor of Nursing Education, School of Science, Technology & Allied Health, USC
9:00 AM	Welcome	Dr. Colwick Wilson, President, University of the Southern Caribbean
9:03 AM	Opening Prayer	Dr. Fazaduduin Hosein, Dean, School of Theology & Religion, USC
9:06 AM	National Anthem	USC Music Department
9:10 AM	Overview	Dr. Len Archer, Provost, University of the Southern Caribbean
9:14 AM	Declaration of Conference Open	Dr. Nathaniel C. Duke, Medical Chief of Staff, Tobago Regional Health Authority
9:20 AM	Introduction of Keynote	Chair: Dr. Lydia Campbell-George, Assistant Professor of Nursing Education, School of Science, Technology & Allied Health, USC
9:24 AM	Keynote Presentation - "Lifestyle Medicine: A Holistic Blueprint for Longevity and Healthspan Extension"	Dr. Samuel G. Hansdak <i>Professor & Head, Department of Medicine, Department of Lifestyle Medicine, Christian Medical College & Hospital, Vellore, Chennai, India</i>
9:55 AM	Q&A Session	Chair: Dr. Lydia Campbell-George, Assistant Professor of Nursing Education, School of Science, Technology & Allied Health, USC
10:09 AM	Session 1	Moderator: Dr. Ronnie Roberts, Program Coordinator, School of Graduate Studies, USC
10:18 AM	The Use of Collective Autoethnography as a Method of Authentic Research into Lives Experiences of Non-Communicable Diseases in the Caribbean	Dr. Cheryl-Ann Boodram & Mr. Winston Baldeosingh <i>The University of the West Indies</i>
10:34 AM	Exploring the Knowledge, Attitudes, and Behaviours of Individuals with Non-Communicable Diseases Towards Maintaining a Plant-Based Diet	Ms. Shekinah Scott <i>The University of the West Indies</i>
10:50 AM	Moving Individuals from an Initial Commitment to Achieve Healthy Weight to Taking Action to Achieve Healthy Weight: Focus on Overweight and Obese Adults in Trinidad and Tobago	Dr. Alexander Isaacs <i>Caribbean Union Conference of Seventh-day Adventists</i>
11:06 AM	Q&A Session	Moderator: Dr. Ronnie Roberts, Program Coordinator, School of Graduate Studies, USC
	Lunch Break: 12:00pm - 1:00pm	
1:00 PM	Introduction of Keynote Speaker	Chair: Dr. Dave Cassie, Assistant Professor, School of Science, Technology & Allied Health, USC
1:04 PM	Keynote Presentation - "The Evolving Landscape of Psychiatry: Advances in Science, Treatment, and Practice"	Dr. Samuel E. Dey <i>Founder & Medical Director, Dogon Behavioral Medical Group</i>
1:35 PM	Q&A Session	Chair: Dr. Dave Cassie, Assistant Professor, School of Science, Technology & Allied Health, USC
1:46 PM	Session 2	Moderator: Dr. Camille Mitchell, Chair, Department of Biological Sciences, USC
1:56 PM	'Help Me Help You' Assessing Health Worker Training Needs to Support Vaccine Uptake within Healthcare and Community Contexts	Dr. Zephon Lister <i>Loma Linda University</i>
2:12 PM	Using a Task-Shifting Strategy to Assess and Support Healthcare Workers in Sierra Leone: Implications for Community Vaccine Uptake	Mr. Peter Abdulrahman Turay <i>Adventist Health System</i>
2:28 PM	Community Healthcare Workers: We are Critical to National Health and Vaccine Acceptance—Please Engage Us!	Dr. Susanne B. Montgomery <i>Loma Linda University</i>
2:44 PM	Q&A Session	Moderator: Dr. Camille Mitchell, Chair, Department of Biological Sciences, USC
2:55 PM	Farewell	Chair: Dr. Dave Cassie, Assistant Professor, School of Science, Technology & Allied Health, USC

	USC Research Conference 2025	Day 2 - Thursday, March 27, 2025
	Welcome Session	Chair: Dr. Susan Chand, Dean, School of Social Sciences, USC
9:00 AM	Welcome	Dr. Susan Chand, Dean, School of Social Sciences, USC
9:03 AM	Opening Prayer	Ps. Terrence Browne, Assistant Professor, School of Social Sciences, USC
9:06 AM	Introduction of Keynote	Dr. Susan Chand, Dean, School of Social Sciences, USC
9:10 AM	Keynote Presentation - "<i>Improving Health in the Caribbean Region: Challenges and Opportunities</i>"	Dr. David R. Williams <i>Florence and Laura Norman Professor of the T.H. Chan School of Public Health Chair of the Department of Social and Behavioral Sciences Professor of African and African American Studies and Sociology Harvard University</i>
9:41 AM	Q&A Session	Chair: Dr. Susan Chand, Dean, School of Social Sciences, USC
9:55 AM	Session 1A	Moderator: Dr. Raghunath Mahabir, Program Coordinator, School of Graduate Studies, USC
10:04 AM	Spirituality, Forgiveness, Addictive Behavior, and Suicidal Behavior	Dr. Jon R. Webb <i>Texas Tech University</i>
10:20 AM	Prostate Cancer Screening Among Heterosexual African American and Caribbean Dyadic Relationships	Dr. Horatius Gittens <i>Whitworth University</i> Dr. Colwick Wilson <i>University of the Southern Caribbean</i>
10:36 AM	The Journey to Acquiring Continuous Glucose Monitors for Children Living with Type 1 Diabetes in Trinidad and Tobago	Ms. Roxanne De Bellott Clement & Lyncia Kezia Hall <i>University of the Southern Caribbean</i>
10:52 AM	Living with Type 2 Diabetes: Reflections and Introspections	Dr. Susan Chand <i>University of the Southern Caribbean</i>
11:08 PM	Use of Checklists on OB Emergencies to Complete Critical Actions Using Simulation	Mrs. Sharon Dey-Layne, Ms. Cecilly Scott, Mr. Christopher Genobaga, Ms. Elise Wakefield, Ms. Carrie Jewell, Mr. Sadeeka Al-Majid <i>Riverside University Health System Medical Center and California State University</i>
11:24 AM	Q&A Session	Moderator: Dr. Raghunath Mahabir, Program Coordinator, School of Graduate Studies & Research, USC
11:44 AM	Session 1B	Moderator: Dr. Fiona Rajkumar, Assistant Professor, School of Education and Humanities, USC
11:53 AM	Exploring Blackness in Portugal: A Raciolinguistic Examination of Black Experiences and Positionalities in Lisbon	Dr. Eva Michelle Wheeler <i>Providence College</i>
12:09 PM	Culturally-relevant Conceptualizations of Resilience: Honoring the Perspectives of Middle and Older Adult Black Women	Dr. Laurellé C. Warner <i>Walla Walla University</i>
12:25 PM	Q&A Session	Moderator: Dr. Fiona Rajkumar, Assistant Professor, School of Education and Humanities, USC
12:36 PM	Lunch Break: 12:40pm - 1:00pm	
1:00 PM	Introduction of Keynote Speaker	Dr. Dave Cassie, Assistant Professor, School of Sciences, Technology and Allied Health, USC
1:04 PM	Keynote Presentation - "<i>A Self-Forgiving Lifestyle and its Connections to Health and Wellbeing</i>"	Dr. Loren L. Toussaint <i>Professor, Psychology, Luther College</i>
1:35 PM	Q&A Session	Chair: Dr. Susan Chand, Dean, School of Social Sciences, USC
1:46 PM	Session 2	Moderator: Dr. Terencia Joseph, Assistant Professor, School of Education & Humanities, USC
1:53 PM	Understanding the Impact of Self-Forgiveness on Suicidality, Mental Health and Addictive Behaviors: Insights from the T&T Self-Forgiveness Project	Mrs. Akeisha Lewis St. Hilaire <i>University of the Southern Caribbean</i>
2:09 PM	Integrating Qualitative Coding and Categorical Data Residuals for Innovative Mixed Methods Self-Forgiveness Research	Dr. Amanda K. Thomas <i>University of the Southern Caribbean</i>

2:25 PM	The Socioeconomic Determinants of Intimate Partner Violence: A Guyana Case Study	Dr. Clement Henry <i>Nations School of Business and Management, Guyana</i>
2:41 PM	Q&A Session	Moderator: Dr. Terencia Joseph, Assistant Professor, School of Education & Humanities, USC
2:52 PM	Vote of Thanks	Dr. Lena Caesar, Assistant Provost & Dean, School of Graduate Studies, USC
2:56 PM	Closing Prayer	Ps. Onesí La Fleur, Vice President, Student Services & Enrolment Management, USC