



UNIVERSITY OF THE SOUTHERN CARIBBEAN
SCHOOL OF SOCIAL SCIENCES
DEPARTMENT OF PSYCHOLOGY, BEHAVIOURAL SCIENCES, CRIMINOLOGY
AND SOCIOLOGY

PSYCHOLOGY COURSE SEQUENCING: 2024 – 2027 Bulletin
HEALTH PSYCHOLOGY EMPHASIS

2 Timothy 1:7: For God has not given us a spirit of fear, but of power and of love and of a sound mind.

YEAR	SEM	COURSE NO.	COURSE TITLE	CREDITS		
First	1 st	PSYC101	Introduction to Psychology	3		
		SPAN101 OR FREN101	Conversational Spanish OR Conversational French	3		
		*ENGL125	Academic Writing I	3		
		RELT100	God & Human Life	3		
		HIST104 OR HIST147	World Civilizations I West Indian History OR <i>(If you did not pass Caribbean History at the GCE/CXC/CSEC level, then you MUST do HIST147)</i>	3		
		IDSC110	College Success & Career Planning	1		
		TOTAL			16	
		2 nd		SOC119	Principles of Sociology	3
				STAT120	Introduction to Statistics for Social Sciences	3
				*COMM104	Communication Skills	3
PSYC131	Professional Writing Seminar			2		
BHSC100	Philosophy of Service			2		
CPTR100	Introductory Computer Tools			3		
TOTAL				16		
Second	1 st			*ENGL225	Academic Writing II	3
		IDSC205 OR MUHL220	Introduction to Fine Arts OR Music Appreciation	2		
		RELB210	Jesus in His Time and Ours	3		
		PSYC210	Introduction to Health Psychology	3		
		SSRS212	Methods of Social Research I	3		
		FDNT110	Basic Food Preparation <i>(This class has a lab FDNT110-L which you are required to do.)</i>	2		
		TOTAL			16	
		2 nd		HLED220	Community and Environmental Health	3
				PSYC269	History and Systems of Psychology	3
				ANTH200	Cultural Anthropology	3
BHSC220	Contemporary Social Issues			3		
PSYC220	Human Development: Lifespan			3		
PEAC110 OR PEAC130	Personal Physical Fitness OR Special Activities			1		
TOTAL				16		



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Third	1 st	EDTE354	Philosophy for Education	2	
		PSYC350	Emotional Intelligence	3	
		Elective 1	Elective 1 (Please see the table of electives at the end of this sequencing sheet to choose from.)	3	
		PSYC319	Stress Management	3	
		SSRS312	Methods of Social Research II	3	
		BHSC490	Seminar: Introduction to Work Experience	2	
		TOTAL			16
		2 nd	PSYC422	Human Sexuality	3
			RELT225	Doctrines of the Adventist Faith	3
			PSYC465	Physiological Psychology	3
Elective 2	Elective 2 (Please see the table of electives at the end of this sequencing sheet to choose from.)		3		
Elective 3	Elective 3 (Please see the table of electives at the end of this sequencing sheet to choose from.)		3		
TOTAL			15		
3 rd	CHEM107 OR BIOL107 OR FDNT230		Chemistry in Society OR Concepts of Environmental Sciences OR Nutrition (There are 3 options of natural sciences courses and you are required to select ONLY ONE.)	3	
	TOTAL			3	
Fourth	1 st	RELT340	Religion & Ethics in Modern Society	3	
		PSYC410	Intro. to Counseling & Psychotherapy	3	
		NURS310	Public Health and Epidemiology	2	
		BHSC440	Topics In: Health Psychology	1	
		PSYC460	Psychology of Abnormal Behaviour	3	
		SSRS411	Methods of Social Research III	3	
		TOTAL			15



	2 nd	PSYC450	Social Psychology	3
		SOWK460	Death and Grief in Contem. Society	3
		PSYC480	Field Experience	3
		PSYC449	Psychopharmacology	3
		NURS332	Management of Patients: S.T.D.	3
			TOTAL	15

List of Elective Courses

(You are only required to do a total of 3 courses from the electives listed below.)

PSYC252 Psychology of the Adolescent, Youth & Aging	SOWK455 Treatment of Substance Abuse
PSYC445 Cognitive Psychology	PSYC471 Behavior Modification
PSYC454 Theories of Personality	PSYC466 Psychology of the Exceptional Child
SOWK412 Children & Families at Risk	

NB#

Statistics for Social Sciences **MUST** be completed in your first year.

Methods of Social Research I **MUST** be completed in your second year.

Methods of Social Research II **MUST** be completed in your third year.

Methods of Social Research III **MUST** be completed in your fourth year.

Only ONE research course can be taken in one semester. Students will NOT be allowed to do two research courses in one semester.

Methods of Social Research I, II and III are NOT offered in the 3rd semester (i.e. Summer Classes), they are ONLY offered in the first and second semester in an academic year, please be guided.

****Please note that PSYC131 Professional Writing Seminar and SOCI131 Professional Writing Seminar are the same class, however, all Psychology degree majors are required to select PSYC131, and all Behavioral Sciences degree majors and Criminology and Criminal Justice Majors are required to select SOCI131.**

*** Courses with a red asterisk must be completed in your first or second year.**